



## Rick Lee Helmkamp

June 16, 1949 - March 27, 2017

67 year old Fort Jones resident, Rick Lee Helmkamp, passed away at Fairchild Medical Center on Monday, March 27, 2017. He was a 25 year resident of Scott Valley.

Rick was born on June 16, 1949 in Santa Monica to Lawrence and Edna Helmkamp. He worked for the Social Security Administration for nearly 30 years. After retirement from Social Security, Rick worked part time for Ray's Food Place in Fort Jones. Rick enjoyed water skiing during his younger days, and found passion in fishing and bowling – activities which kept him busy and active for years. Rick was a big advocate and supporter of the AIDS Healthcare Foundation, a global non-profit offering HIV prevention, testing, and care services.

Rick is survived by his sister, Jacci Gaines and her husband, William, of Coarsegold, California, and a brother, Mike Helmkamp of Virginia.

At Rick's request, no services are to be held. Memorial contributions may be made in Rick's name to the AIDS Healthcare Foundation, 6255 W. Sunset Blvd., 21st Floor, Los Angeles, CA 90028.

# Tribute Wall

JA

“ Rick was the ultimate gentleman: always kind courteous and helpful. I will miss his quiet presence. I am so sorry he is no longer with us.

Jacie Leary

---

**Jacie** - April 21, 2017 at 07:55 PM

MG

“ Rick was the best uncle i could have ever asked for. My childhood is filled with memories of water skiing, fishing, and camping with my uncle Rick. Rick taught me more about life than he could realize. He was truly a good person and will be missed. I would like to thank all of Ricks friends for loving and supporting him.

---

**Matt Gaines** - April 04, 2017 at 01:52 PM

JC

“ Hello. I just wanted to say how sorry I was to hear about Rick. I only knew him from our local grocery store. I know he was a private guy, but always so sweet. I would make him talk sometimes, not for long though. I appreciated what he was doing for the AIDS Foundation, and gave him a donation and a big Thank You. I'm sure you will miss him as will we. Sincerely, Bill & Jo Anne Cunha.

---

**Jo Anne Cunha** - April 02, 2017 at 05:30 PM

TD

“ Rick was a fine gentle man whom we all knew and we enjoyed his friendship during many bowling matches in California and Oregon with the Yreka Match Club over many years. We will all miss him. Our heart goes out to his family and friends for his loss.

*Terry Douke, Yreka*

---

**Terry Douke** - April 02, 2017 at 11:37 AM

YB

“ I'm so sorry for your loss! I worked with Rick at Rays and at Fort Bowl. He was such a gentle, kind man. I will miss his incredible smile and gentle ways. Praying for his loved ones.

---

**Yvonne Berry** - March 30, 2017 at 12:09 PM